



World class Educational Courses • Professional Instructors
Face to Face Learning • Ongoing Clinical Support
Money Back Guarantee • Memberships Available

TRIGGER POINT DRY NEEDLING

OCCUPATIONAL THERAPIST COURSE - 2 Day Agenda & Time frame

DAY 1

8:30am	Registration
8:40am	Introductions & Review of Online Modules & Safety
9:15am	Needle Manipulation Skills
10:15am - 10:30am	MORNING TEA
10:30am	Upper Limb Assessment Presentation & Practical
12:00pm	Shoulder/Rotator Cuff, Demo & Practical
1:00pm – 1:30pm	LUNCH
1:30pm	Shoulder/Rotator Cuff, Demo & Practical
2:15pm	Hand Demo / Prac
3:15pm – 3:30pm	AFTERNOON TEA
3:30pm	Hand Demo / Prac
4:30pm - 5:00pm	Day in Review

DAY 2 (NB: PRACTICAL TESTING COMMENCES DAY 2)

8:30am	Long Thumb Muscles Demo / Practical
9:30am	Upper Arm Demo / Practical & Prac Testing
10:15am – 10:30am	MORNING TEA
10:30am	Continue Needling Upper Arm & Prac Testing
11:30am	Forearm Demo / Prac & Testing
12.30pm	Memberships, Clinical Integration & Needle Supplies
12:45pm – 1:15pm	Upper Limb Review, Final Questions, Group Photo and Certification