

## TRIGGER POINT DRY NEEDLING PODIATRY COURSE - 2 Day Agenda & Time Frame

### DAY 1

8:45am	Registration
9:00am	Introductions & Review Of Online Modules & Safety
9:35am	Needle Manipulation Skills
10:30am -10:45am	MORNING TEA
10:45am	Assessment Presentation and Practical
12:00pm	Posterior Hip Presentation, Demo and Practical
1:00pm – 1:30pm	LUNCH
1:30pm	Posterior Hip Presentation, Demo and Practical
2:45pm	Foot Presentation and Practical
3:15pm – 3:30pm	AFTERNOON TEA
3:30pm	Foot Presentation and Practical
4:30pm - 5:00pm	Day in Review

### DAY 2 (NB: PRACTICAL TESTING COMMENCES DAY 2)

8:45am	Foot Presentation and Practical
10:00am	Lower Extremity Presentation / Practical & Case Studies
10:30am – 10:45am	MORNING TEA
10:45am	Lower Extremity Presentation / Practical & Case Studies
12:30pm	Anterior/Medial Thigh Presentation and Practical
1:00pm – 1:30pm	LUNCH & COURSE FEEDBACK - GEMT.CO
1:30pm	Anterior/Medial Thigh Presentation and Practical
3:00pm - 3:30pm	Supplies, Clinical Integration, Body Review, Final Questions, Group Photo and Certification