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Face to Face Learning • Ongoing Clinical Support  
Money Back Guarantee • Memberships Available

## TRIGGER POINT DRY NEEDLING LEVEL 3 – ADVANCED COURSE - 2 Day Agenda & Time Frame

***NB: Real Time Ultra Sound will be used in several sections to assist teaching/learning***

### DAY 1

9:00am	Registration / Group Objectives / Research Review
9:30am	The Hand – Presentation & Practical
11:00am – 11.15am	MORNING TEA
11:15am	Lower Extremity – Pop, Tib Post, FDL, FHL, EHL, Case Studies
1:00pm – 1:45pm	LUNCH
1:45pm	The Foot - Presentation & Practical
3:30pm - 3:45pm	AFTERNOON TEA
3:45pm – 5:00pm	TMJ - Presentation & Practical

### DAY 2

9:00am	Abdominals and TA / Multifidus activation as reviewed under RTUS
10:30am	Tendon / Ligament Needling
11:00am – 11:15am	MORNING BREAK   ENTER COURSE FEEDBACK - GEMT.CO
11:15am	Long Thumb Muscles – EPL, EPB, AbPL, FPL, & Case Studies
12:45pm – 1.30pm	LUNCH
1:30pm	Advanced Needling / Review / scalenes, Threading for infraspin, Obt Internus, Muscle activation under RTUS and more...
3:00pm – 4:30pm	Threading – for athletic population! Needling on stretch Case studies and group guided review, Questions & Certification