



World Class Education • Online Theory Modules
Graduate Memberships • Custom Courses Available
Comprehensive Practical Supervision • Money Back Guarantee

TRIGGER POINT DRY NEEDLING

2.5 Day Agenda & Time Frame

LEVEL 1: Intro/Intermediate Dry Needling

| | DAY 1 |
|-------------------|--|
| 8:30am | Registration |
| 8:40am | Introductions & Review of Online Modules |
| 9:15am | Needle Manipulation Skills - Practical |
| 10:00am | Assessment Presentation & Practical |
| 10:15am - 10:30am | MORNING BREAK |
| 10:30am | Assessment Presentation & Practical |
| 12:00pm | Posterior Hip Presentation & Practical |
| 1:00pm - 1:30pm | LUNCH |
| 1:30pm | Posterior Hip Presentation & Practical |
| 3.30pm - 3:45pm | AFTERNOON BREAK |
| 3:45pm | Lumbar Spine Presentation & Practical |
| 5:00pm | END OF DAY 1 |

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| | | DAY 2 |
|-------------------|--|--------------|
| 8:30am | Mechanisms of Dry Needling / GEMt Memberships | |
| 8:45am | Anterior/Medial Thigh Presentation & Practical | |
| 10:15am - 10:30am | MORNING BREAK | |
| 10:30am | Anterior/Medial Thigh Presentation & Practical | |
| 11:45am | Shoulder Presentation & Practical | |
| 1:00pm - 1:30pm | LUNCH | |
| 1:30pm | Shoulder Presentation & Practical | |
| 2:45pm | Cervical Spine Presentation & Practical | |
| 3:30pm - 3:45pm | AFTERNOON BREAK & TESTING COMMENCES | |
| 3:45pm | Upper Extremity Presentation & Practical | |
| 5:00pm | END OF DAY 2 | |
| | | DAY 3 |
| 8:30am | Upper Extremity Presentation, Practical & Testing Continues | |
| 9:30am | Posterior Thigh Presentation & Practical | |
| 10:15am - 10:30am | MORNING BREAK ENTER COURSE FEEDBACK - GEMT.CO | |
| 10.30am | Posterior Thigh Presentation & Practical | |
| 11:00am | Lower Extremity Presentation & Practical | |
| 12:00pm | Clinical Integration/Memberships/Certification/Body Review | |
| 12:45pm | END OF DAY 3 | |