



World class Educational Courses • Professional Instructors
Face to Face Learning • Ongoing Clinical Support
Money Back Guarantee • Memberships Available

TRIGGER POINT DRY NEEDLING PODIATRY COURSE - 2 Day Agenda & Time Frame

DAY 1

8:30am	Registration – <i>Beverages</i>
8:45am – 9:50am	Introduction, Trigger Points, Needle Theories and Pain Concepts
9:50am – 10:15am	Safety Presentation
10:15am - 10:30am	MORNING TEA
10:30am – 11:15am	Needling Demo / Prac
11:15am – 12:30pm	Assessment Presentation and Practical
12:30pm – 1:15pm	LUNCH
1:15pm – 3:30pm	Posterior Hip Presentation, Demo and Practical
3:30pm – 3:45pm	AFTERNOON TEA
3:45pm – 5:00pm	Foot Presentation and Practical

DAY 2 (NB: PRACTICAL TESTING COMMENCES DAY 2)

8:30am – 10:00am	Foot Presentation and Practical
10:00am – 10:15am	MORNING TEA
10:15am – 12:30pm	Lower extremity Presentation / Practical & Case Studies
12:30pm – 1:15pm	LUNCH
1:15pm – 3:45pm	Anterior/Medial Thigh Presentation and Practical
3:45pm – 4:30pm	Supplies, Clinical Integration, Body Review and Plunger demo. Final Questions, Group Photo and Certification