



ESSENTIALS COURSE

MUSCLE CHART

MODULE 6

Muscle / Innervation

TMJ

Masseter Ant Div Mandibular CN (V)

Temporalis Ant Div Mandibular CN (V)

Lateral pterygoid Mandibular div of CN (V)

Medial pterygoid Mandibular div of CN (V)

GEMT DN FOR HEADACHES

Levator Scapula (C3-4 & Dorsal scap N C4-5)

Sternocleidomastoid Spinal accessory (XI), proprio C2/3

Rhomboid major/minor (Dorsal scapular, C4,C5)

Superior/inferior nuchal lines

THE FOOT

Abductor Hallucis S1/2 Med Plantar N

Flexor Digitorum Brevis S1/2 Med Plantar N

Abductor Digiti Minimi S1-S3 Lat plantar N

Flexor Hallucis Brevis S1/2 Medial Plantar N

ADVANCED NEEDLING

Infraspinatus

Hamstrings on stretch

Quads