

**Muscle / Innervation**

**SHOULDER**

Infraspinatus (Suprascapular C5, C6)

Supraspinatus (Suprascapular C4,C5,C6)

Teres Major (Lower subscapular, (C6, C7)

Teres Minor (Axillary C5, C6)

Latissimus Dorsi (Thoracodorsal C6, C7, C8)

Deltoid (Axillary C5)

Trapezius (ventral rami of C3 - C4 and accessory nerve XI)

**ANTERIOR SHOULDER**

Pectoralis Major (Lat & medial pectoral C5, C6, C7,C8)

Subscapularis (C5,6,7 Upper and lower subscapular N's)

Biceps (C5, C6)

Triceps (Rad, C6, C7, C8, T1)

**FOREARM / ELBOW**

Pronator Teres (Median C6)

Supinator (Rad/PI, C5, C6, C7)

ECRL (Radial, C6, C7)

ECRB (Rad/post int C6,C7)

Extensor Carpi Ulnaris (Rad/PI,C6,C7,C8)

Extensor Digitorum (Rad/PI,C6,C7,C8)

Flexor Carpi Radialis (Median C6,C7,C8)

Flexor Digitorum Superficialis (Median C7,C8,T1)

Flexor Carpi Ulnaris (Ulnar C6,C7)